



New Directions Early Head Start Annual Report 2017 -2018

New Directions Early Head Start provides pregnant women, infants, toddlers and their families with quality care and family services that support families in providing the best for themselves and their very young children, in order to promote children's success and families' self-sufficiency, through community collaboration and partnerships.

Following is a brief overview of the services and activities:

Program demographic information for 2017 – 2018

Number of Children Served 248

Under one year old: 92

One year old: 83

Two years old: 73

Number of Pregnant women: 27

Number of children with an identified disability: 28

Number of families/participants, that English is not their primary language: 105

Number of families over income eligibility: 16

Number of father/father figures who participate in NDEHS activities: 138

Number of homeless families served: 7 Children: 6



Medical Services:

Number of children up-to-date on scheduled age well-baby checks – 242 = 97.5%

Number of children up-to-date on all immunizations appropriate for age – 241 = 97%

Number of children up-to-date on all immunizations possible at the time,
but not all appropriate for age - 2 = 1%

Number of Pregnant women who received prenatal and postpartum health care – 24 = 88%

Preventative Dental Services:

Screened as part of the series of well-baby examinations - 242 = 97.5%

Pregnant Women that received a dental examinations – 4 = 15%

NDEHS provided an average of **243 days of service** in our center based partnerships with community early care and education programs at Early Learning Center –Newark, Early Learning Center –Wilmington, and Hilltop Lutheran Neighborhood Center. Center-based families had the opportunity to participate in monthly home visits. Delaware Early Childhood Center and UD provided the opportunity to participate in forty-six weekly home visits.

New Directions Early Head Start Celebrating 20 years

NDEHS, established by the University of Delaware's Center for Disabilities Studies in 1997 and now located in Department of Human Development and Family Sciences, celebrated 20-years of service in 2017-2018.

While various facets of the program have shifted over time — such as the partners working under the NDEHS umbrella and expansions of their service area — the basic mission to offer support for low-income families has remained the same.

During its 20 years, NDEHS has served 2,600 children, 365 pregnant women and 400 children with developmental delays/disabilities. They partner with the Delaware Early Childhood Center, the Hilltop Lutheran Neighborhood Center Inc., and UD's two Early Learning Centers based in Wilmington and Newark.

In addition to our 18 staff members, UD students interested in pursuing a career in child and family services support NDEHS programs. Over the years, we have supported 22 graduate students, four of whom completed dissertation work, 37 interns and more than 1,100 undergraduates pursuing field experience.



Service models provided:

Home Based Option: provides enrolled families with 90-minute weekly home visits designed to build on child and family strengths and to promote parent/child interactions. Also offers parent and child group activities and prenatal services.

Center Based Option: provides full day, full year childcare, nutritional meals, and quality infant & toddler program with individualized attention and parental involvement through three community based partnerships. In addition, families are provided with a monthly home visit.

Family Partnerships and Services

All, 222 families (100% of all families) participated in a family goal setting process which resulted in an individualized family partnership agreement in 2017-2018. All families received at least two-family services during the program year.

One hundred and one (45%) received emergency/ crisis intervention (addressing an immediate need for food, clothing, shelter). All, one hundred and eighty-five, families received parent education services and health education services. Sixteen families (7%) received a mental health referral or assistance.



There were regularly scheduled male involvement events and fathers were encouraged to participate to all family activities within the program. Throughout the program year, 82 fathers/father figures participated in the family assessment, 91 in family goal setting, 139 were involved in the Head Start experience, 44 in parenting education workshops, and 23 in the parent committee and Policy Council.

During the course of the year, parents had an opportunity to participate in a variety of activities. These activities included Play and Grow events held at Shortlidge Academy, the Boys and Girls Club, Rosewood Community Center, and local parks. NDEHS provided 44 socialization opportunities during the year.

Community Impact:

- Partnered with four programs to provide EHS services to children and families: Hilltop Lutheran Neighborhood Center; Delaware Early Childhood Center; UD Early Learning Centers; Neighborhood House Inc.
- Worked with over 50 early care and education providers in four partnering programs to implement quality Early Head Start (EHS) Services: provided technical assistance, professional development, mentoring and coaching.
- New Directions Early Head Start has built a partnership with Kent County Connections Community Support Programs, Inc. We collaborate by providing educational workshops twice a month to pregnant women and women with children birth to three who are going through the opioid replacement therapy or any of the withdrawal management services. In these workshops, families are connected to resources and are provided with the support they need to build strong parent-child relationships.
- Provided 50 opportunities for parents to come together with other parents to socialize, allow their children to socialize and learn valuable information about child development, nutrition and health issues.
- NDEHS staff participated in over fifteen different community advisory committees and councils.
- Provided children and families with books through monthly distributions.



Student Impact:

- Provided two graduate student assistantships
- Provided three 50-hour internships for undergraduate students.
- Provided work-study opportunities for two undergraduate students.
- Provided field experiences for HDFS 470: 134 students participated in a home visit, to enhance their learning.
- Provided volunteer opportunities for students.

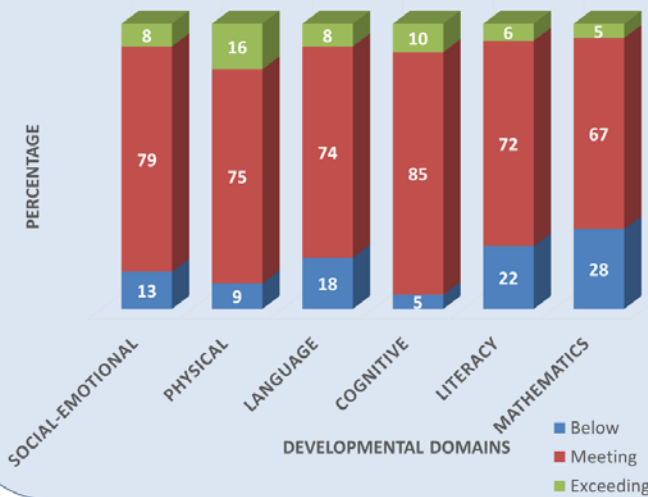


School Readiness in New Directions Early Head Start

New Directions Early Head Start School Readiness Outcomes at a Glance
2017-2018 Program Year



TEACHING STRATEGIES GOLD
END OF PROGRAM YEAR 2017-2018



Growth Data by Age Group
2017-2018 Program Year

Area of Development	Birth to 1 yr. olds - Percentage of Children Meeting or Above Growth Range	1 – 2 year olds - Percentage of Children Meeting or Above Growth Range	2 – 3 year olds – Percentage of Children Meeting or Above Growth Range
Social-Emotional	92%	91%	82%
Physical	97%	85%	90%
Language	92%	93%	90%
Cognitive	84%	81%	82%
Literacy	77%	86%	83%
Mathematics	47%	90%	87%

Social Emotional

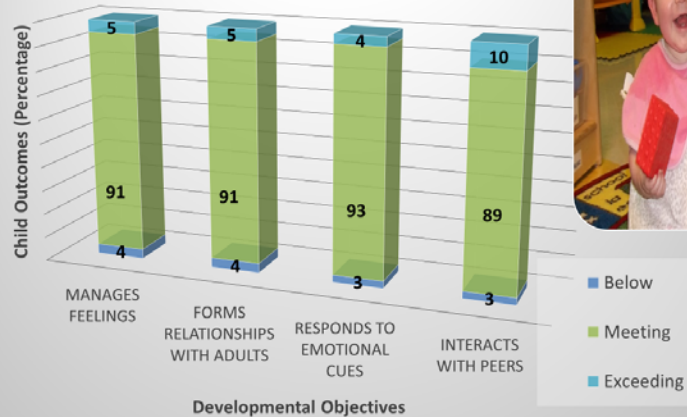
School Readiness Goal #1

Children will develop and maintain positive relationships with caregivers and interest in interacting with peers

School Readiness Goal #2

Children will increasingly respond to emotional cues and regulate their emotions and behaviors

NDEHS School Readiness Data
Social Emotional Goals



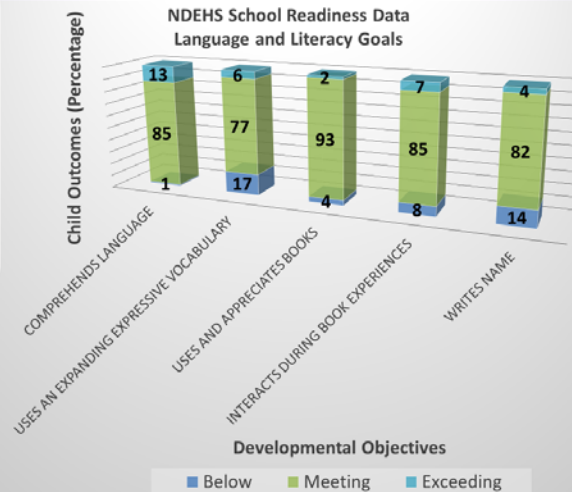


School Readiness in New Directions Early Head Start

New Directions Early Head Start School Readiness Outcomes at a Glance



Language and Literacy

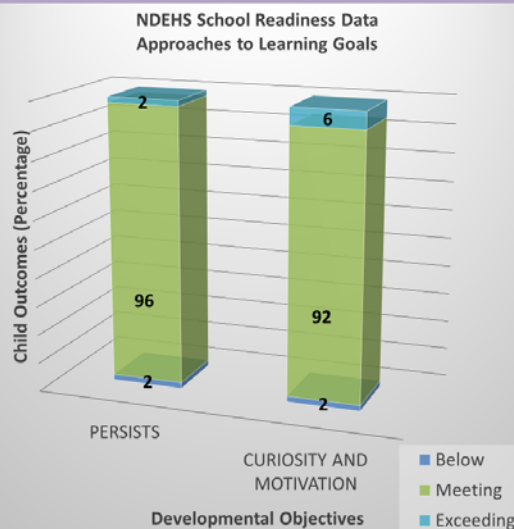


School Readiness Goal #3
Children will increasingly listen to and communicate language

School Readiness Goal #4
Children will gradually use, appreciate, and respond to books

School Readiness Goal #5
Children will develop and demonstrate interest in early writing

Approaches to Learning



School Readiness Goal #6
Children will develop their problem solving skills and increasingly demonstrate curiosity, motivation, and persistence



School Readiness in New Directions Early Head Start



New Directions Early Head Start School Readiness Outcomes at a Glance

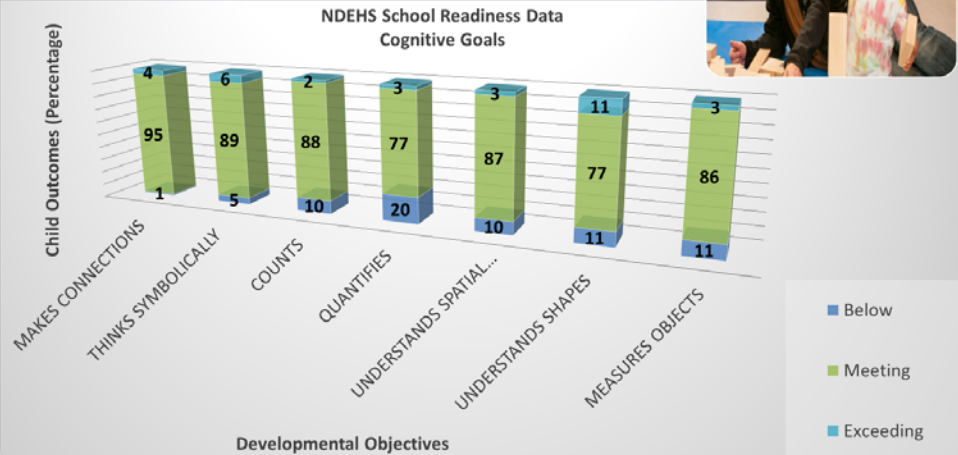
School Readiness Goal #7

Children will increasingly remember and connect experiences and use symbols and images to represent something not present

School Readiness Goal #8

Children will gradually use number concepts and operations, explore and describe spatial relationships and shapes, and compare and measure

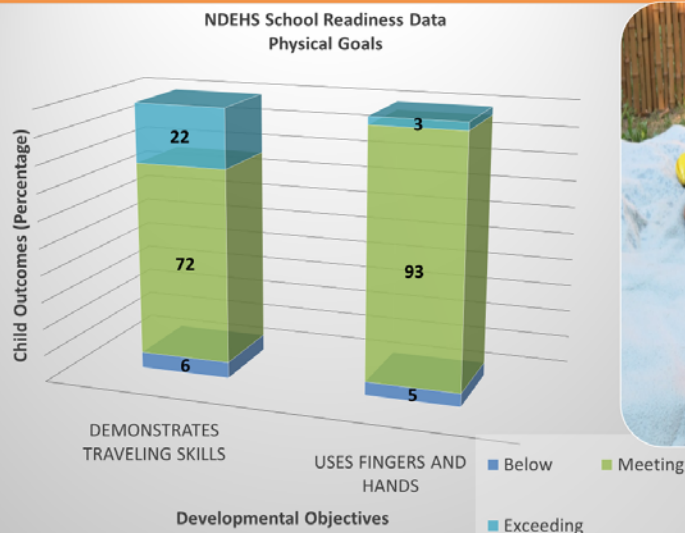
Cognitive



Physical

School Readiness Goal #9

Children will increasingly show gross-motor skills (traveling and balancing) and fine-motor skills (manipulative)



FUNDING SOURCES:

Funding Sources:

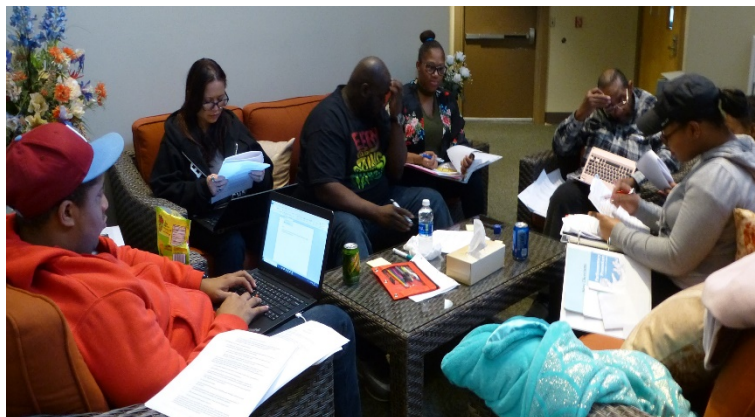
Federal Funding from HHS Available – \$2,513,259

Other Funding – \$130,594

Total HHS Budget Expenditures:

Personnel	\$721,658.64
Fringe Benefits	\$286,321.69
Travel	\$0
Supplies	\$34,613.24
Contractual	\$1,144,060.95
T/TA	\$33,868.21
Other	\$84,506.70
Indirect Cost	\$94,133.35
Total	\$2,399,162.78

In-Kind/Match: \$599,791.93



One Parent's Story:

In 1998, when Nicole Smith was a junior in high school, she became pregnant with her first child. A family friend, recommended Smith apply to the New Directions Early Head Start program. Cynthia Slater became Smith's caseworker and, during weekly home visits, the two worked together to set goals and develop strategies to help Smith succeed. Smith was determined to finish high school and develop parenting and life skills that would benefit her son and his development. "[Slater] helped show me things to do with my son and different activities," Smith said. "If I needed to focus on cooking, we would do a cooking activity. Overall it was a great experience."

Smith accomplished her goals, and then some. Not only did the program help her learn to support her child's development, but also how to be an advocate for her son and herself. She went on to serve on the organization's policy council, where she became a voice for the NDEHS community. She finished high school and went on to earn a college degree. The program helped her in various stages of her life. Her son — and twins who were born five years later — were all enrolled in NDEHS and attended one of the Early Learning Centers, where Smith worked for 4 years. Today, Smith's first son is a sophomore at UD and her twins are in high school.

NDEHS always had a positive impact on her family. "The program works if you work it," Smith said. "They will do and help in any way they can to benefit you, your children and your family."

Reference:

Spike, Carlett. "New Directions Early Head Start Celebrates 20 Years." UDaily [Newark] 20 November 2018

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2017-2018



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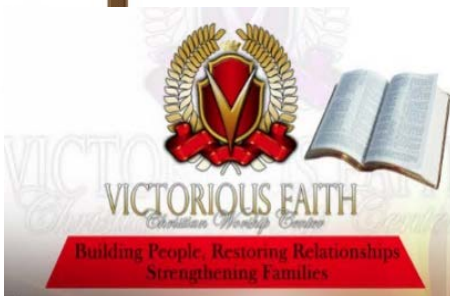
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